

E520 Heavy Duty Commercial Fluid Rower

Features & Benefits

- Full commercial machine designed for heavy duty service. 20 Level Patented Variable Fluid
- Resistance Absolute Comfort, Stability & Performance with Widest Range of Resistance Available.
- Height Adjustable footplates with Advanced
- Heel Cradle footboard design (Reg. Design) and straps to ensure optimal foot placement and comfortable rowing position.
- Compact side mounted tank design delivers ease of adjustment.
- Interactive Performance Monitor (IPM) with USB port: The IPM displays: time; speed; distance; stoke rate; calories per hour; watts; 20 level adjustment, pacer, and has a heart rate receiver built in.
- The IPM gives you quick start, manual programs, interval training, USB port allows interactive programming.
- Fitted with Heart Rate sensor as standard compatible with all main HR belts.
- 6 previous workout memories and a unique pacer system.
- Unmatched Durability - Virtually Maintenance Free.
- Strikingly attractive blue polycarbonate tank with contrasting seal.
- Deluxe ergonomic handle allows comfortable grip and minimised strain on forearms, wrists and hands.
- Low noise Belt Drive - No Chains to lubricate.
- World's Most Comfortable Seat at "Office Chair" Height. Optional Back Support (Not Included). May be purchased separately to add lumbar support to the rower.
- Concealed Air-Glide Seat Rollers for safer and cleaner continuous smooth operation.
- Rubber feet for adhesion to floor surfaces and to prevent damage.
- Rubber dipped retainer for damage free handle stowage when not in use.
- "Easy roll" transport wheels.
- Unique rugged heel support assembly.
- Maximum user weight 204kg (450lbs). Dimensions: 190 x 71 cm (75 x 28") in use. Stands for compact storage.

